

MMM SUITE - NEW USER PDF GUIDE

MMM Nowcast Model v6

The slower structural regime classifier. Built to combine Growth, Inflation and Liquidity into one clean macro regime view.

Canonical host	SPY 1W
Default logic	Month-End held, T+1 implementable, anchored sampling
Package	Included only in the \$299 Full Suite
Status	Authoritative customer README Updated May 2026

Quick answer

Use the Nowcast Model when you want the headline structural regime. It combines the three pillar nowcasts into Goldilocks, Overheat, Stagflation or Contraction, with a liquidity overlay that can be loose, neutral or tight.

What this guide is for

- Help a new user understand what this indicator does, what it does not do, and where it sits inside the wider MMM stack.
- Explain the outputs in plain English, show the default workflow, and answer the practical questions that usually come up first.
- Keep the focus on implementation discipline: confirmed data, canonical host charts, T+1 logic and the difference between diagnosis, regime classification and allocation evidence.

What it measures

Main outputs

- Quadrant: Goldilocks, Overheat, Stagflation or Contraction from Growth plus Inflation.
- Liquidity overlay: Loose, Neutral or Tight.
- Macro composite nowcast: weighted average of the three pillar nowcasts.
- Macro z-like score: normalized read of the macro composite.
- Latest sampled regime: the slower structural state to use in formal regime workflows.

Where it sits in the MMM stack

- Sits above the three dashboards as the slower regime classifier.
- Tells you the structural backdrop, not every tactical transition.
- Feeds regime interpretation into the Regime Returns Matrix workflow.
- Best used before asset selection, so the environment is clearly defined first.

How to read it in plain English

- Growth and Inflation set the main quadrant; Liquidity modifies that state rather than replacing it.
- Scores around 50 matter because the model uses a neutral midline and buffer band.
- The model is supposed to be slower. If you want fast momentum, inspect the live impulse layers in the dashboards or Grand Composite.
- Think: Nowcast tells you what the backdrop is, not what changed this week.

Recommended workflow

How a new user should actually use it

- Start here at month-end. Ask: what is the slower structural backdrop?
- Read quadrant first, then liquidity overlay, then macro composite nowcast.
- Use the regime family and liquidity condition to form your base interpretation.
- Move to the Regime Returns Matrix to see what has historically happened next after completed regimes.

Common mistakes to avoid

- Do not ask the Nowcast Model to do the job of the live impulse tools. It is deliberately slower.
- Do not treat the regime label as a direct trade signal. Use the matrices for historical asset response.
- Do not ignore the liquidity overlay; Goldilocks with loose liquidity is not the same as Goldilocks with tight liquidity.

Wiring and companion tools

Hidden source plots / inputs

- GROW_NOWCAST_SOURCE - Growth nowcast input.
- INFL_NOWCAST_SOURCE - Inflation nowcast input.
- LIQ_NOWCAST_SOURCE - Liquidity nowcast input.

Best companion indicators

- Three pillar dashboards if you want to know why the final regime looks the way it does.
- Grand Composite if you want anchor, impulse and nowcast in one top-down view.
- Regime Returns Matrix after this if you want the historical asset response to the completed regime.

New-user checklist

- Treat this as the structural anchor first.
- Keep SPY 1W and canonical MMM conventions while learning.
- Read quadrant, then liquidity overlay, then macro composite.
- Only move to asset selection after the regime read is clear.

FAQ

Question	Answer
What is this best used for?	Quick structural regime classification: what broad macro environment are we in?
Why is this called the slower layer?	It blends the three pillar nowcasts, which are slower than the live impulse layers.
Should I trust Nowcast or impulse more?	Neither in isolation. Nowcast is backdrop; impulse is change. Use both correctly.
What does the liquidity overlay change?	It tells you whether the same core regime is being supported or restricted by liquidity conditions.
Can I build allocations directly from this?	Indirectly. It provides the regime input that should feed the Regime Returns Matrix.

Support and practical notes

- \$199 Momentum Dashboards bundle = Growth, Inflation and Liquidity. \$49 Signals = Crypto Risk Score x Excess Liquidity standalone. \$299 Full Suite = Momentum Dashboards + Nowcast Model + Grand Composite + Regime Returns Matrix + Signals.
- One-time purchase. Lifetime updates. TradingView invite-only access is granted manually after verification, usually within 24 hours and often sooner. Refunds are available within 14 days if the product is not right for you. Educational tool only; not financial advice.
- Support contact: support@macromarketmodel.com